THE SALTY DOG
RESTAURANTS

# MENU

## STARTERS

**Soup of The Day** €7.95
Served with Brown Stout Bread *(1,2,7)*

**Fred's Mediterranean Fish & Seafood Chowder** €14.50
Cod, Smoked Haddock, Salmon, Prawns, Mussels, Potato, Smoky Bacon, Turmeric, Tomato, White Wine, Cream. Served with Brown Stout Bread *(1,2,3,5,7,8,14)*

**Crispy Chicken Wings** €12.95
(Hot or BBQ Sauce), Blue Cheese Mayo, Celery *(1,7,13)*

**Wild Atlantic Prawns Pil-Pil** €15.95
Fresh Chilli, Garlic, Olive Oil, Paprika, Toasted Sourdough *(2,3)*

**Cooleeney Farm Tipperary Brie & Caramelised Onion Tart** €14.50
Stout & Honey Dressing, Salad (2,7,9)

**Pan Seared Scallops** €18.95
Kimchi, Freds Mediterranean Salsa, Crispy Noodles *(2,8)*

**AAA-Grade Tuna Tataki** Starter €18.50 / Main €32.00
Pickled Ginger, Wasabi, Asian Dressing, Black Sesame *(2, 5, 12, 13)*

**Organic Mussels** Starter €14.95 / Main €22.95
With Garlic, Shalots, White Wine & Cream. Served with Brown Stout Bread *(1,2,7,8)*

## MAINS

**Salty Dog Fish and Chips** €22.95
Pea and Mint Puree, Tartar sauce, J.J Wall's Beef Dripping Chips *(1,2,5,7,9,12)*

**Pan Fried Sea Bass** €30.00
Spanish Style Potatoes, Chorizo, Roasted Red Pepper, Baby Spinach, Beurre Rouge *(2,5,7)*

**Overnight Slow Cooked Beef Cheeks** €27.50
Celeriac Puree, Scallion Mashed Potatoes, Crispy Onions, Rich Red Wine Jus *(1,2,7)*

**Double Smash Beef Burger,** €23.50
Potato Bun, Dubliner Cheese, Baby Gem, Smoky Bacon,Red Onion Jam, Burger Sauce, Onion Rings *(2,4,9)*

**Land & Sea** €29.95
Slow Cooked Pork Belly and Seared Scallops, Colcannon Mash, Apple puree, Cider Beurre Blanc *(1,7,8)*

**Fisherman's Pot** €28.95
Haddock, Salmon, Smoked Haddock, Prawns, Mussels, Creamy Fish Velouté, Mash Potatoes, Garlic Bread *(1,2,3,5,7,8)*

**Fresh Tagliatelle Pasta** €22.50
Wild Mushrooms, Sunblush Tomatoes, Pesto, Crumbled Feta, Parmesan, Garlic Bread *(2,4,7,10)*

## SIDES

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| Beef Dripping Chips | €5.00 | Onion Rings *(2,4,7)* | €5.00 | Side Salad *(9)* | €5.00 |
| Curry Chips *(1,7)* | €6.00 | Mash *(7)* | €6.00 | Roast Root Veg *(7)* | €6.00 |

*ALLERGENS*

*1 CELERY | 2. CEREAL | 3. CRUSTACEANS | 4. EGGS | 5. FISH | 6. LUPIN | 7. MILK | 8. MOLLUSCS | 9. MUSTARD | 10. NUTS | 11. PEANUTS | 12. SESAME SEEDS | 13. SOYA | 14. SULPHUR DIOXIDE*