THE SALTY DOG
RESTAURANTS

LUNCH MENU

12:00 - 16:00

SOUP & SANDWICHES

Soup of The Day €7.95
Served with Brown Stout Bread. *(1,2,7)*

Soup And Open Brown Sandwich €14.50
With Shrimp Marie Rose Or Ballycotton Smoked Salmon. *(2,4,5,7,9)*

Fred's Mediterranean Fish & Seafood Chowder €14.50
Cod, Smoked Haddock, Salmon, Prawns, Mussels, Potato, Smoky Bacon, Turmeric, Tomato, White Wine, Cream. Served with Brown Stout Bread. *(1,2,3,5,7,8,14)*

Fish Toasted Special Sandwich €17.50
Smoked Salmon, Dubliner Cheese, Lemon Coleslaw, J.J. Wall's Beef Dripping Chips. *(2,4,5,7,9)*

Toasted Special Sandwich €15.50
Ham, Dubliner Cheese, Tomato on Sourdough Bread, J.J. Wall's Beef Dripping Chips, Salad. *(2,7,9)*

Half Bowl of Chowder with Open Sandwich €17.50
With Shrimp Marie Rose Or Ballycotton Smoked Salmon. (1,2,3, 4, 5,7,8, 9,14)

STARTERS

Crispy Chicken Wings €12.95
Crispy Chicken Wings

Wild Atlantic Prawns Pil-Pil €15.95
Fresh Chilli, Garlic, Olive Oil, Paprika, Toasted Sourdough *(2,3)*

Cooleeney Farm Tipperary Brie & Caramelised Onion Tart €14.50
Stout & Honey Dressing, Salad (2,7,9)

Pan Seared Scallops €18.95
Kimchi, Freds Mediterranean Salsa, Crispy Noodles *(2,8)*

AAA-Grade Tuna Tataki starter €18.50 / main €32.00
Pickled Ginger, Wasabi, Asian Dressing, Black Sesame. *(2, 5, 12, 13)*

Organic Mussels starter €14.95 / main €22.95
With Garlic, Shallots, White Wine & Cream. Served with Brown Stout Bread. *(1,2,7,8)*

MAINS

Salty Dog Fish and Chips €22.95
Pea and Mint Puree, Tartar sauce, J.J Wall's Beef Dripping Chips *(1,2,5,7,9,12)*

Pan Fried Sea Bass €30.00
Spanish Style Potatoes, Chorizo, Roasted Red Pepper, Baby Spinach, Beurre Rouge *(2,5,7)*

Overnight Slow Cooked Beef Cheeks €27.50
Celeriac Puree, Scallion Mashed Potatoes, Crispy Onions, Rich Red Wine Jus *(1,2,7)*

Double Smash Beef Burger €23.50
Potato Bun, Dubliner Cheese, Baby Gem, Smoky Bacon,Red Onion Jam, Burger Sauce, Onion Rings *(2,4,9)*

Land & Sea €29.95
Slow Cooked Pork Belly and Seared Scallops, Colcannon Mash, Apple puree, Cider Beurre Blanc *(1,7,8)*

Fisherman's Pot €28.95
Haddock, Salmon, Smoked Haddock, Prawns, Mussels, Creamy Fish Velouté, Mash Potatoes, Garlic Bread *(1,2,3,5,7,8)*

Fresh Tagliatelle Pasta €22.50
Wild Mushrooms, Sunblush Tomatoes, Pesto, Crumbled Feta, Parmesan, Garlic Bread *(2,4,7,10)*

SIDES

Beef Dripping Chips	€5.00	Onion Rings *(2,4,7)*	€5.00	Side Salad *(9)*	€5.00
Curry Chips *(1,7)*	€6.00	Mash *(7)*	€6.00	Roast Root Veg *(7)*	€6.00

ALLERGENS

1 CELERY | 2. CEREAL | 3. CRUSTACEANS | 4. EGGS | 5. FISH | 6. LUPIN | 7. MILK | 8. MOLLUSCS | 9. MUSTARD | 10. NUTS | 11. PEANUTS | 12. SESAME SEEDS | 13. SOYA | 14. SULPHUR DIOXIDE